



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Progressive Gymnastics

All skill levels are taught on floor, balance beam, uneven bars, and vault. The skills are taught in a progressive manner as each skill builds up to the next skill in a non-competitive manner.

Gymnastics requires strength, flexibility & balance; stations throughout class will be utilized with these skills to cut down on waiting time for each apparatus. We will always work on the YMCA four core values, education and safety awareness in each class as well.

Ages

6 years and up

When

Thursday's 6:30 PM – 7:30 PM.

Where

YMCA North Gym.

Member

\$40

Non-Member

\$80

NEW SIX WEEK SESSIONS:

January 9th—February 18th

Extended sessions are so children have more time learning and perfect skills without interruption.

Registration Dates: Y-Members December 20th—Non-Members December 27th
Deadline to register: January 6th

Minimum of 8 required to hold class

Clinton County Family YMCA
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Fb: Clinton County Family YMCA, Indiana

